



**JOYFUL CARE**  
CHILDREN'S CENTER  
WHERE EVERY CHILD FITS IN

## December Newsletter 2018

### Dates to Remember

**December 3-7, 2018:**  
School Spirit Week

**December 6, 2018:**  
School Picture Day

**December 7, 2018:**  
Santa & Mrs. Claus Visit  
Time: 10:00am-11:00am



**December 25-26, 2018:**  
Center Closed for Christmas Holiday

#### Note:

Please remember to update your contact information with the front office. In addition, don't forget to turn in your child(ren) updated Physicals and Shot Records if you have been asked to. Physicals are due annually. We ask that everytime your child(ren) get shots that you bring in an updated shot record.

### Let's Play



Play is the work of childhood"



In appreciation of your trust and confidence, we are excited to share our Parent Referral Program. You will receive a \$100 tuition credit forever new

-Fred Rogers

Watching children play may seem like it's all fun and games, but if you take a closer look, there's a lot of learning going on. Babies and toddlers explore their physical world by playing with simple items like rattles, plastic cups and bowls, and their all time favorite toy, the empty box. They are fascinated by sand or water in a cup and finding that they can dump it out. They will explore every facet of an empty box, and if it's big enough they will even crawl into it.



Toddlers will often play side by side but not necessarily with each other. As they reach pre-school age, they begin to play cooperatively. They imitate what they see adults do, they create every day scenarios, and they begin to cooperate with each other. They create specific roles and rules for pretend behavior and adopt multiple themes and multiple roles. They learn how to negotiate who is going to be the "mommy" and who is going to be the "baby." They use props such as dolls, toy dishes, and dress-up clothes. They construct "houses" with sheets on a clothes line. It's as if they are trying to re-enact what

enrollment because of your referral. Each time a child is enrolled in our program because of your recommendation to other parents you will receive a \$100 tuition credit. To claim your special offer please pick up our Parent Referral Form.

## Walking Water



The walking water experiment will teach your child about a process called Capillary Action, this is how flowers pull the water from the ground up their stems and into their petals! The filled glass will act as the ground, the paper towel will be the stems, and the empty glass in the middle will be the petals! Track your findings and always ask lots of questions.

### You will Need:

- 2 x paper towels
- 3 x glasses
- Primary color food coloring

### Method:

1. Place the three glasses in a row. fill the end glasses with water and squirt food coloring into them.

they see in their everyday lives, or what they know of it so far.

Children from all cultures play in a similar manner.



Play actually helps foster social interaction and cognitive development. It helps children realize that others have feelings and needs and it is important to consider other's perspective. Most elementary teachers would not expect students to enter first grade already knowing how to read, spell, or do math, but they do hope their students will arrive already knowing how to concentrate, cooperate, pay attention, and be considerate of others. These are the kinds of things children learn through play while interacting with peers.

Today some children don't have as much opportunity for "constructive play" and this is influenced by several factors. In many households both parents have to work, and due to hectic pick-up / drop-off schedules, children don't have the opportunity to play with other kids in their neighborhood. TV, video games, and the computer also cut in on that time. They also interact with modern toys that are not always conducive to building

Make sure you leave the middle glass empty.

2. Fold one of the paper towels in half and place one end in the colored water and the other end in the empty glass. Repeat for the other glass.

3. Now you wait. It should take approximately 30 minutes for the water to start walking into the middle glass.

We found this project at: [kidspot.com.au](http://kidspot.com.au)

Don't forget to post your experience on our Facebook page!

### Can your Child Do This?



Developmental milestones are abilities that most children are able to perform by a certain age. Children grow more in within the first 24 months of life than they ever will again in their lifetime. Pediatricians typically look for these milestones during "well baby visits." Although each child develops at their own pace, minor delays are no cause for concern. Extreme delays however, can indicate a more serious problem. Failure to gain weight, and digestion problems can also be early warning signs that things are

imagination and make-pretend play themes. There are more adult-organized and directed activities than in years past, such as sports and dance classes.

A good opportunity for constructive, creative play can be found in early childhood classrooms. Children can play with others from various backgrounds and similar age groups. They can see their peers on a regular basis where large blocks of time are devoted to playing and exploring. Playing may not look very important to the untrained eye, but if you take a closer look, you'll see children are learning more and more about the world every day.

### Kids Safety



Children's fashions today are cuter than ever. As parents, we often buy children's clothing based on the color, design, soft or sturdy fabric, or just because they look so darn cute in it. Kids are often attracted to clothing depicting their favorite cartoon characters or some other flashy decoration like a fancy zipper pull or shoes that light up when they walk.

Although the United states has stringent laws concerning any children's clothing manufactured

not progressing as they should be.

### Birth to 3 Months

At his age most babies begin to:  
Use rooting, sucking and grasping reflexes.

Slightly raise head when lying on the stomach.

Hold head up for a few seconds with support

Clench hands into fists.

Tug and pull on their own hands.

Repeat body movements.

### 3 to 6 Months

Babies at this stage develop greater agility and strength and begin to:

Roll over

Pull their bodies forward

Pull themselves up by grasping the edge of the crib

Reach for and grasp object  
Bring object they are holding to their mouths

Shake and play with objects.

### 6 to 9 Months

Babies become increasingly mobile during this time. They usually begin to

Crawl

here or sent here from a foreign country. There are still things parents should be aware of when purchasing clothes for their children.

One of the top things on the Consumers Product Safety Commission's list is drawstrings on children's hooded jackets and sweatshirts. There should be no neck drawstrings in sizes 2T to 12 whether the item was made in the U.S. or shipped here from a foreign country. Waist drawstrings in jackets or pants in sizes 2T to 16 cannot exceed more than 3 inches outside of the drawstring channel of the clothing item (when fully stretched). If one continuous drawstring is used it must be bar tacked (sewn several times back and forth) so that the draw string cannot be pulled out of the jacket.

The CPSC also tests children's clothing for flammability, chemicals, and lead that may be found in the paint used in heat transfers or screen printed images. Zippers and snaps are also tested for lead or nickel content.

There are different flammability specifications for snug fitting sleepwear like infant sleepers (with snap closures) Compared to loose fitting items like toddler pajamas and nightgowns. Sizes 9 mos. to 14 have very specific requirements. Children's bedding such as mattresses, bumper pads, suspended baby beds (cradles),

Grasp and pull objects toward their own body

Transfer toys and objects from one hand to another

### 9 to 12 Months

In addition to standing up and walking milestones, babies also begin to develop more advanced fine-motor skills. By this stage most babies are able to:

Sit up unaided

Stand without assistance

Walk without help

### 1 to 2 Years

Pick things up while standing up

walk backwards

walk up and down stairs without assistance

Move and sway to music

Color or paint by moving entire arm

Scribble with markers or crayons

Turn knobs and handles

### 2 to 3 Years

Run in a forward direction

Jump in one place

duvet covers, blankets, and sleeping bags must also be inspected by a third party testing lab approved by the CPSC. Generally speaking the looser the garment or bedding, the more stringent the flammability requirements will be.

Those cute little “add ons” like colorful buttons, pom poms, plastic charms, ric-rac bows, or lace, can all be choking hazards depending where and how they’re attached. Examine all items carefully before you buy. Be especially cautious of the raised buttons and metal buckles on overalls if your child likes to chew on his clothing.

If you buy clothes at a garage sale or receive hand-me-downs from friends or family, check for things like loose rivets on jeans and unsecured drawstrings on jackets and hoodies. Sturdy clothing such as jeans may have seen more than the usual amount of wear if passed on to several children. Check to make sure all buttons zippers, and rivets are in good working order.

Stand on one foot

Turn pages of a book

Draw a circle

Hold a crayon between the thumb and fingers



**Cords and drawstrings on children's clothing\***

**Front and back:**  
Clothes intended to be tied at the front should not have tied belts or sashes longer than 350 mm when measured from the point where they are to be tied. The minimum width for belts is 30 mm. Drawstrings and decorative or functional cords which protrude at the back of a garment or are tied at the back are not permitted.

**Neck area:**  
Clothes must not have drawstrings and functional or decorative cords with free ends. Adjusting tabs with a maximum length of 75 mm or press fastenings for width adjustment are permitted.

**Waist area:**  
Drawstrings at the waist must be attached with bar tacking in at least one point, or it is also permitted to use a width adjustable drawstring/waist elastic attached on the inside.

**Long trousers:**  
In the case of garments that are designed to finish at the ankle, decorative and functional cords at the bottom hem must be totally on the inside of the garment. Decorative or functional cords must not hang below the hem.

**General:**  
The free ends of drawstrings/cords must not have three-dimensional embellishments or knots. To prevent fraying, the ends of drawstrings or cords must be heat sealed or bar-tacked together.

Ja'lese Whitaker: December 12th  
Carlisle Keaton: December 16th  
Daveon Rowland: December 17th  
Ashley Oliver: December 24th  
Ashton Fenton: December 27th  
Hadiyah El-Ain: December 31st



**Joyful Care Children's Center**  
*Where Every Child Fits In!*

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