



JOYFUL CARE
CHILDREN'S CENTER
WHERE EVERY CHILD FITS IN

June Newsletter 2018

Dates to Remember

June 5, 2018

School Picture Day 7:30am-9:30am

June 15, 2018

Sign-up

Deadline for Family Appreciation Cookout



June 15, 2018

Summer Camp Begins for School Ageders

June 22, 2018

School Closed for Staff Development Day

June 22, 2018

Pre K- Graduation: 4:30pm-5:30pm

June 23, 2018

Family Appreciation Cookout: 11:00am-3:00pm

Note:

Please remember to update your contact information with the front office. In addition, don't forget to turn in your child(ren) updated Physicals and Shot Records if you have been asked to. Physicals are due annually. We ask that every time your child(ren) get shots that you bring in an updated shot record.

Note:

The Preschool/Pre-K/School Age team is ready for summer! We are excited about the exciting events we have planned, from in-house field trips to trips to the Norfolk Zoo! If you have received a School-age summer itinerary, please look over it carefully in case you would like to take a trip with us! The entire summer fee is included at the bottom of the form. Please fill out the summer schedule form indicating what weeks your child will be attending camp, so we can plan for the best summer ever! Don't worry, preschool, we have great things planned for you as well!

To all parents, it's getting warm! Here are a few reminders:

1. Please apply sunscreen and or bug repellent before dropping off your little scholars if needed.
2. Please make sure your child has light material clothes to change into if they have a spill or accident.
3. Please wear sandals with closed toes. We want those little feet protected!
4. If you wish to keep a spare sunscreen or bug repellent at the center for your little scholar, please ask your child's teacher or the front office staff for a medication form.
5. All sunscreen or bug repellent must be new, put in a plastic Ziploc bag for storage with your child's first and last name on it.
6. During water play days, all children that are in diapers must have little swimmers or any other type brand of swim diaper.
7. During water play days, all children must wear shoes. Children are not to wear flip-flops for safety reasons.

Let's have fun!



Congratulations Pre-K!

We are so proud of your Child, and we are so proud that we have had the opportunity to work with your family! This is a bittersweet moment in all of our lives, as your child is graduating our Pre-K Program and entering Kindergarten. A new realm of opportunities will be awaiting your family as you make this leap into School, and our staff would like to take one night to recognize each of their accomplishments.

**Our Pre-K Graduation Ceremony will be held on:
Friday June 22, 2018 at 4:30 PM.**

Feel free to invite your friends and family to come and watch your little one walk and hear their teachers talk about their accomplishments. We will have refreshments immediately following the ceremony. We hope to see you there!

Finger Food for Dinner!



If you have picky eaters, here's a sneaky but fun way to get your kids interested in dinner. Tell them no silverware will be needed and make sure they wash their hands. Here are some ideas you can try: You can make a kid size version of shrimp cocktail using smaller, less expensive salad size shrimp (barely bigger than a quarter) and using 1/2 ketchup, 1/2 cocktail sauce for dipping. (Use fish sticks if they don't like shrimp.) Cut cheese into 1/2 inch cubes or different shapes, use party picks or tiny pretzel sticks for "handles." Offer a veggie tray with a selection of dips that they can experiment with. Make fresh veggie kabobs using grape or cherry tomatoes, cucumber cubes, celery, peppers, and even pickled beets. Try making quesadillas by layering thinly sliced chicken, peppers, cooked onions, and grated cheese between two tortillas. Bake until cheese melts, cool and slice into narrow wedges.



Bedtime Routines:



Getting your kids to sleep at the end of a hectic day can be a real battle !! Check out these 10 Tips for establishing a more peaceful end to their day (and yours !).

1. *Be consistent*; bedtime should be the same every day of the week, even on weekends, to keep your child's sleeping pattern the same.
2. Start their routine about 30 to 60 minutes ahead of time. Wordless cues like dimming the lights, playing soft music, and turning off the TV, let children know what's happening next.
3. No rough housing and only quiet play should be allowed just before bedtime. Give them a verbal 5 minute warning and have every one help put toys away.
4. Your nightly routine might look something like this: bath, P.J.s, brush teeth, books, bed.
5. If you have more than one child you can stagger the routine and start the older child 15 minutes later.
6. Dim the bedroom lights. If your child is afraid of the dark, make checking the closet and under the bed part of the routine. You can even use a homemade solution of Monster-Be-Gone (water & lemon juice) in a plastic bottle to spray these areas as an extra precaution.

Make mini pigs in a blanket by wrapping cocktail weenies and cheese in crescent roll dough. Use ground turkey to make a small batch of chili, add northern beans, black beans or corn, serve with tortilla chips as scoops. Layer a large tortilla with sliced turkey, ham, or cheese, top with mashed avocado. Roll up and chill in fridge for an hour, then slice into 1 inch pieces. Try mashed potatoes on dill pickle slices.

For desert, any fresh fruit cut and displayed in a colorful way should catch their attention. For added fun try strawberry shortcake kabobs. Alternate strawberries, blueberries, and 1 inch cubes of yellow layer cake or angel food cake on bamboo skewers. Let kids have fun with squirts of whipped cream or dollops of coolwhip. Use your imagination and show your kids how much fun dinner can be!

7. Use a night light in the bedroom and bathroom if the child tends to use the bathroom at night.

8. Talk about their day or something they did that pleased you, or read a short story.

9. Kisses, cuddles, tuck in, then lights out....and don't go back in !

10. As your kids reach the upper elementary grades, back off little by little and let them follow their own bedtime routine. Sweet dreams !



Teaching Your Child about Cultural Diversity

The world is made up of all kinds of people. Our children see and interact with people of many different races and ethnic groups every day. Studies have shown that children begin to recognize gender and ethnic differences as early as 3 years of age. It is our job to teach our children how to appreciate and value the qualities and differences that make each one of us unique. Here are some helpful tips:

Create opportunities for your child to meet and play with children of different ethnicities, family structures, or socioeconomic backgrounds.

Help your child understand we are not all the same and we should appreciate each other's differences. Talk about differences in a positive way to help children appreciate the unique qualities of all people.

Expose your child to artwork, foods, customs and books about different cultures.

Tell your child that even though another child may look different, eat different foods, and have different customs, we have more similarities. We all have hopes and dreams and feelings. We should

Your Child's Development at 6 Months



Parents are always wondering if their child is growing and developing on target. To help parents, we've compiled these lists of some basic milestones that you should be able to expect from your child at this stage. When young children are growing and developing, it is completely normal for some children to develop more quickly or more slowly than others. Therefore, being a few months off of the "norm," is not necessarily cause for concern. Of course, if you are

worried that your child may be behind, be sure to talk with your child's doctor.

SOCIAL / EMOTIONAL / COMMUNICATION

- Begins to differentiate strangers from familiar faces
- Responds to others actions or emotions, will smile in response when spoken to
- Generally seems happy or curious; every new experience is a "first " for baby
- Tries to get things that are out of reach
- Brings almost anything he grasps to his mouth
- Likes to play with parents as well as others
- Enjoys looking at self in mirror
- Recognizes familiar routines, sounds, and surroundings
- Reaches arms out to parent or caregiver
- Likes to watch siblings, parents, pets, or what's going on in his immediate environment
- Tries to imitate sounds
- Can string vowel sounds together ("ah," "eh," "oh") when
- babbling; enjoys taking turns making sounds with parents
- Responds to own name
- Recognizes family names, Mommy, Daddy, Sissy etc.
- Shows joy or unhappiness by making sounds
- Begins to say ("m" & "b") consonant sounds when babbling

PHYSICAL DEVELOPMENT

- Begins to pass things from one hand to the other
- Can roll over from back to front, and from front to back
- Begins to sit up without support
- Holds head up well without support and turns head in all directions
- Can support weight on legs when standing and may enjoy bouncing

always treat each other with respect. If you hear your child or someone else say something prejudicial about a person or group of people, tell your child that those kinds of words are hurtful to others and are totally unacceptable. Children are not born to be hurtful to others of different ethnicities, family structures, or backgrounds. Let's lead by example and make the world a more tolerant place! Joyful Care Children's Center is dedicated to bringing cultures together to teach peace and equality! We celebrate holidays, read books, and talk about different cultures from all around the world. If you or someone you know speaks a different language or practices different customs than what your children are used to, we would LOVE to have come to the center and introduce them to the children!

Center Registration Update!

Dear Parents,

At Joyful Care Children's Center we are dedicated in ensuring the center operates as efficiently as possible. Recently the number of older students has increased, causing a change in the needs of the students. Students over the age of 8 require their own special materials and space, at this time the center cannot meet these needs as additional assets to support the program are not available.

The center will no longer accept students over the age of 8 years old effective the date of this newsletter. If your child is currently enrolled in our program, then they will be grandfathered in until their departure from our center. If your child is over the age of 8 and is withdrawn from our program they will not be allowed to re-enroll due to the

- Rocks back and forth when on all fours
- May attempt crawling, sometimes backwards before learning how to go forward

We hope you have found this information helpful and informative. Please let us know if you have any questions or concerns.



June 1st: Eva Baker
June 6th: Josiah Wynn
June 17th: Tyler Jennings
June 20th: Ms. Keaton



As a school community, we are deeply committed to providing your child with the best education possible and that includes challenging every student to reach his or her full potential. It is also essential that you have the best possible information about how your child is doing in school and what areas may need additional focus to make sure he or she has the strong foundation needed for

age change. Thank you for your understanding in this matter.

Family Appreciation Cook Out



On Saturday 23 June, from 11:00am-3:00pm Joyful Care Children's Center will be holding a cookout at the center to celebrate and thank our families for doing business and supporting our center.

It will be sunny, so please bring your hat, swim suit, change of clothes and sunscreen. If you wish to bring your own beach or lawn chair, please do.

There will be lots of fun activities, family size pool, face painting, large bounce house and much more - as well as good food, beverages, desserts and several other food items.

To make sure we have enough food for everyone, this event will be for JOYFUL CARE CHILDREN'S CENTER FAMILIES ONLY.

Please RSVP not later than June 15, 2018.

Again, this will allow us to provide enough food for the event.

Are you coming to the Family Appreciation Cookout?

future success.

There is an exciting change coming soon to our school that will help us make sure that your child leaves our school ready for his or her next steps. I wanted to share a little about this change.

We are switching some teachers around. Why you ask? Well we have several of our teachers that are in a rotation for going back to school to further their education in Early Childhood Education.

The following teachers are currently working on their CDA:

Mrs. Lacey
Ms. Diggs
Ms. Taylor

The following teachers are switching:

Mrs. Nacey will be the new Lead Preschool Teacher

Mrs. Valerie will be the new Assistant Preschool Teacher

Mrs. Emma will take over as Lead in the Early Preschool Class (2yr)

Mrs. Dominique will be the new Early Preschool Assistant Teacher.

Anyone interested in their children participating in Dance Class this summer at the center?

Yes

Select

No

Select

Anyone interested in their child participating in the Fun Bus this summer at the center?

Yes

Select

LOCATION

Joyful Care Children's Center

DATE AND TIME

06/23/18 11:00am-06/23/18 3:00pm

Maybe

I
can't
make
it

Slime Time



How can 5 minutes of your time equal hours of fun for your child? One word SLIME! This project is super easy to make and will provide hours of fun for your child! Have your Jr. Science Journal ready to track your findings, and as always have your child tell you what they think is going to happen to the ingredients laid out in front of them. You will need:

- 1/2 cup glue: clear, glitter, or white
 - 1/2 cup liquid starch (found in the laundry section of your grocery store)
 - 1/2 cup water
 - 2 bowls
 - 1 spoon
- Additional ingredients: sand, buttons, glitter, sequins, or confetti to add to

No

Select

Any interest in your children participating in Engineering 4 Kids this summer at the center?

Yes

Select

No

Select

your mixture.

Method:

In one bowl mix together your water and glue, set aside.

In the second bowl measure out your liquid starch and slowly add the glue mixture. Stir until your slime comes together.

Add your additional ingredient(s), and let them play!

We found this recipe at:

[little bins for little hands](#)

We hope you have as much fun with this ewey, gooey, AWESOME experiment as we do! Post your slime pictures to our Facebook page and tell us all about your experience.



Joyful Care Children's Center

Where Every Child Fits In!

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