



JOYFUL CARE
CHILDREN'S CENTER
WHERE EVERY CHILD FITS IN

May Newsletter 2018

Dates to Remember

- May 7-11, 2018

Teacher's Appreciation Week



- May 11, 2018

Early Preschool Mother's Day Breakfast

Time: 9:00am-10:00am (Please R.S.V.P with teacher)

- May 13, 2018:

Happy Mother's Day

- May 28, 2018

Center Closed in Honor of Memorial Day

Note:

Please remember to update your contact information with the front office. In addition, don't forget to turn in your child(ren) updated Physicals and Shot Records if you have been asked to. Physicals are due annually. We ask that every time your child(ren) get shots that you bring in an updated shot record.



**If you didn't hear this from anyone
today
{and even if you did}**

Thanks for all that you did today in your classroom...
For making a million little split second decisions for the benefit of your students.
For putting your own needs on hold and keeping them the focus of your day.

For planning for them long before today ever got rolling.
For changing those plans because they didn't fit someone who needed a little extra.
For smiling, laughing with them and reassuring their efforts, trials and mistakes.
For placing your hand on a shoulder that was exactly what someone needed.
For getting down on the physical level of your students because it matters.
For thinking of a new way to reach someone who wasn't getting it.
You matter.
Yes –You matter.

By: Leslie

HEALTHY Kids are HAPPY Kids!



Joyful Care Children's Center is a "Well School." Good judgment is important in the containment of childhood illnesses. If your child is ill, please call us to let us know. We strive to keep our school as germ free as possible. If your child is not feeling well, for whatever reason, please make other arrangements for their care until they are symptom free for at least 24 hours.

Please find alternate care if:

- illness prevents child from outdoor activities or group participation.
- child has a fever, or has had a fever within the last 24 hour period.
- child has had vomiting or diarrhea during prior 24 hour period.
- child exhibits any signs of contagious disease, such as persistent cough, red or itchy eyes with discharge, lice, unidentified rash, or nasal discharge which is not clear.

If your child has a common cold with a slight cough, sneezing or clear runny nose, you can bring them to school.

However, when/if the cold reaches the point when your child will not play, eat, whines, cries, wants to be held constantly or has a continuous cough, you will be required to keep your child home.

Center Policy Reminders:



Medication Policy

We administer medication; however, only a MAT certified staff member can administer it. The MAT certified staff member only administers

inhalers, pain killer medication for infant fevers. Parents must sign a permission slip with directions on how to administer the medication. Center staff must keep a record of when it was given, how much and who administered it. All medication must be brought in its original container. If you would like us to administer medication such as Tylenol or Motrin (only for teething purposes), you must supply it and write your child's name on it. If your child has to take an antibiotic, we recommend you ask your doctor for an AM/PM twice daily dosage that you can administer from home.



Health Records and Immunization Requirements

Joyful Care Children's Center is required to keep records regarding each child's health and immunizations. Copies of each child's immunization record must be provided to

If a child is brought "too sick," you will be phoned to pick up your child or to make other arrangements.

If your child is ill enough to require prescription medication for ailments such as pinkeye, strep throat, bronchitis, pneumonia or any other contagious disorder we will require you to keep your children home until he or she has been given the doctor's ok to return to child care/school because they are no longer contagious. A doctor's note may be required in some cases.

We appreciate your full cooperation with this policy. If you have any questions about whether or not your child should attend school that day, please call before bringing your child in. Keeping sick children home helps to keep everyone else healthy.

the center and updated after each new immunization. The center also is required to keep on file a physical evaluation performed within the preceding 30 days after enrollment signed by a licensed physician. Physical Evaluations are required to be updated yearly.



Diapering Procedures

Diapering shall take place in the designated diapering area (bathrooms). Only single use disposable diapers and wipes will be used. Caregivers will change diapers at least every two hours, more often as needed. However, if checked at the two hour mark and your child has not soiled their diaper they will not change it. They will then check your child again in 30 minutes to see if they have soiled and proceed to change your child.

Hand washing afterward is required, and guidelines for diapering and hand washing are posted in the diapering areas.

Please note:

Please don't drop your littler one off with a soiled diaper. If her or she has soiled upon drop off please change them.

In addition, when you pick up your Infant-2yr old child(ren) and if he or she is soiled please tell the teacher so they can change them again

(It is their responsibility)

We don't want to send your little ones home soiled. The same goes for if their face is not clean (All Ages).

It is the responsibility of your child's teacher.



Cleaning and Sanitizing Procedures

Your Child's Development at 3 Years Old



Parents are always wondering if their child is growing and developing on target. To help parents, we've compiled these lists of some basic milestones that you should be able to expect from your child at this stage. When young children are growing and developing, it is completely normal for some children to develop more quickly or more slowly than others. Therefore, being a few months off of the "norm," is not necessarily cause for concern. Of course, if you are worried that your child may be behind, be sure to talk with your child's doctor.

SOCIAL / EMOTIONAL / COMMUNICATION

- Copies adults and peers
- Shows a wide range of emotions

- Separates easily from Mom & Dad
- May get upset when there are changes to the expected routine
- Dresses & undresses self
- Shows affection for friends without prompting
- Shows concern for a crying or injured friend
- Takes turns with others during games
- Understands the idea of “mine,” “his,” or “hers”
- Can follow multi-step directions
- Says first name, age, & sex
- Can name most familiar things
- Can name friends and family members
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 or 3 sentences
- Asks questions
- Understands “in,” “on,” “under,” “over”
- Understands pronouns “he,” “she,” “it,” “they”
- Understands “I,” “me,” “we,” “us,” & plurals, “dogs,” “cats”
- Can work toys with buttons, levers, and moving parts
- Plays make-believe with dolls, animals and people
- Can complete puzzles with 3 to 4 pieces
- Can copy a circle with pencil or crayon
- Turns book pages one at a time
- Understands the concept of “two”
- Builds towers with 6 or more blocks

PHYSICAL DEVELOPMENT

- Climbs well
- Runs easily
- Pedals a tricycle
- Can carry items in small boxes or bags

Joyful Care Children's Center cleans and sanitizes toys, center equipment, floors, bathrooms, center laundry and other child use areas on a regular basis. All infant/waddler center laundry are washed daily. Toys, equipment and other items are sanitized daily (younger children ages infant-2yrs), others twice a week ages 3 and up.



Food preparation

We follow all guidelines for food preparation and food storage, as set forth by the local health department and daycare licensing rules. This includes proper sanitation of equipment and hand washing procedures.



Infant Safe Sleep Practice

Joyful Care Children's Center follows recommended safe sleep practices for infants. Infants are placed to sleep on their backs in individual cribs. Infants unable to roll from their stomachs, when found face down, will be placed on their backs. When infants can easily turn over from their backs to their stomachs, they shall be initially placed on their backs, but allowed to adopt whatever position they prefer for sleep. For an infant who cannot rest or sleep on his/her back due to disability or illness, the center will need written instructions, signed by a physician, detailing an alternative safe sleep position and/or other special sleeping arrangements for the infant. The center will follow the physician's written instructions in such an instance. Center staff will supervise and monitor infants breathing, sleep position and bedding for possible signs of distress.

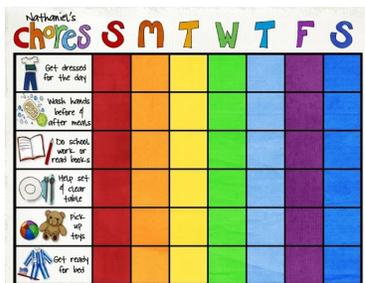
- Walks up & down steps, one foot on each step

- Can climb onto and get off of standard furniture around the house

- Can screw and unscrew a jar lid or turn door handle

We hope you have found this information helpful and informative. Please let us know if you have any questions or concerns.

Reward Systems



Reward systems can be useful to children of all ages. Whether it's to keep track of chores or to promote a certain behavior, reward systems can help children and parents to be more consistent. Reward systems teach children to "earn" privileges, but in order to work they should be age appropriate, and the rewards have to be something they want and are willing to work for. Here are a few suggestions:

Toddlers & Preschoolers - Simple sticker charts are easy for toddlers and preschoolers to understand. Display the chart in high traffic areas like the kitchen. Young children are very proud of their accomplishments; when charts are displayed in prominent areas it provides more opportunities to comment about their progress. Stock up on stickers they will like (look for sales at your local craft store chains). Work on one behavior at a time, such as picking up toys, putting dirty clothes in the hamper, or brushing their teeth. Put a sticker on the chart immediately after you see the desired behavior and praise the behavior as well. This creates positive reinforcement for good behavior.

School Age Children - School age children are probably used to some kind of chart system used in their classroom so they can handle a more complex system. Simple stickers may not be enough of an incentive for them. The stickers have to *mean* something. Rewards don't have to cost a lot. Tell your child that after they get 3



Staff

Training in Health & Wellness Procedures

Joyful Care Children's Center provides orientation training to all its staff: Topics included in training are emergency procedures, diapering, hand washing/hygiene, our illness policy, handling of medication, food prep and handling, infant safe sleep practices, shaken baby syndrome, cleaning and sanitizing, as well as trainings specific to the age group they will be working with. All employees are required to receive at least 36 clock hours of ongoing professional development training each year. Every year after they are to add two more training hours to the previous year. Additionally, we strive for all our assistant teachers to become leads by obtaining their Child Developmental Associates (CDA), Degree in Early Childhood Education, or at least 12 ECE college credits. We also require all of our teachers to be First Aid, CPR (Infant & Adult), AED certified.

Resources for More Information on Health & Wellness Practices

For more information on health and wellness practices, please look for information in the following categories. Information can be obtained on the internet, in books, or from local authorities in various areas of expertise. Health Care: Health Department, Hospitals, Red Cross, OSHA, poison control, Disease Control, local pediatricians, health nurses, disease-specific support groups.

Educational: Universities, Colleges, libraries, videos, seminars, literature Food Program: USDA, Food sponsors, extension offices, Organizations: NAEYC.

We hope that you find this information helpful! If you have any questions regarding our health and wellness policies please give us a call!

stickers, or 5, (or whatever you decide) they will get to do something they like such as going to the park, making cookies with you etc. Children at this age can delay gratification for a little while, but make sure they can earn rewards on a regular basis, every few days or weekly. Also get their input on what they would like for a reward. You can work on 3 to 5 jobs or behaviors at a time, for example, making their bed, getting their school clothes and backpack ready the night before, setting the table, feeding the dog, etc.

Tweens - Tweens will be interested in more complicated systems with bigger rewards, but remember rewards don't have to cost anything. They also don't have to be something extra your child earns. You can use privileges for a reward. Instead of taking away privileges for misbehavior, you can allow your child to earn more TV time, more time on the computer, phone, or playing video games. Tweens probably think they are too old for stickers and charts on the refrigerator, but they can earn check marks or tokens and turn them in for rewards. For instance, 4 check marks could equal one hour of playing video games, or 2 tokens could equal 30 minutes of TV time. You can pick 3 to 5 behaviors or jobs to work on at a time. Pick at least one behavior that the child does fairly well already so he /she will feel successful and motivated to use the new system.



Maxwell Nieland: May 1st

Armani Claud: May 17th

Camille Goodman: May 23rd

Ryan Woods: May 30th

Leah Vallone: May 30th

Cooper Scott: May 31st



Joyful Care Children's Center
Where Every Child Fits In!

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