



July Newsletter 2017

Dates to Remember

Preschool Field Trip Dates:

- July 3, 2017
Blue Bird Gap Farm
- July 13, 2017
Buckroe Beach Playground
- July 18, 2017
In House Movie
- July 25, 2017
North Hampton Library
- July 27, 2017
VA Living Museum

Summer Camp Field Trip Dates:

- July 6, 2017
Air Power Park
- July 7, 2017
Water Play Day at Center
- July 11 & 12
Fort Fun
- July 14, 2017
Field Day at Center
- July 18, 2017
Magic Show North Hampton Library
- July 20, 2017
Chuck E Cheese
- July 21, 2017
Pajama Party
- July 26, 2017
North Hampton Library



So far we have 93 guest coming to our Family Appreciation Cookout!

Why don't you come and join in on the fun!

On Saturday 15 July, Joyful Care Children's Center will be holding a cookout at the center to celebrate and thank our families for doing business with our center.

There will be lots of fun activities - as well as good food, beverages, desserts and several other food items. Hopefully it will be sunny, so please bring your hat and sunscreen. If you wish to bring your own beach chair please do. If it is a hot day, there will be plenty of water.

To make sure we have enough food for everyone, this event will be for JOYFUL CARE CHILDREN'S CENTER FAMILIES ONLY. Please RSVP not later than June 30, 2017. Again, this will allow us to provide enough food for the event.

Oh please bring your own chair.

- July 28, 2017
Blue Bird Cap Farm



Zariyea Turner: July 1, 2017

Wyatt Gove: July 2, 2017

Cordelia Ludwig: July 7, 2017

Xavier Santos: July 15, 2017

Ryann Clinton: July 15, 2017

Ms. Nine: July 16, 2017

Tyionna Jenkins: July 27, 2017



**We will be closed
for Independence Day**

This is just a reminder that Joyful Care Children's Center will be **CLOSED** the following day:

TUESDAY JULY 4, 2017

We will be open for regular business hours on Wednesday July 5 2017!

We wish you a safe and happy holiday!

Traveling Parents

Your Child's Development at 5
years old



These days many jobs require parents to

travel to other locations. When parents are away from home it's especially hard on the kids. Here are some tips to help you keep in touch.

Leave some notes.

Postdate some notes to your spouse and the kids, leave them in an assigned spot or leave them around the house where they can be easily found. They can be read at dinner time or bedtime when kids are most likely missing your presence. If you're going to be away longer than a week, send a colorful post card with a note saying how much you miss them.

Leaving a map

Is another low-tech thing you can do. Use pins or pencil to trace your travel route. Older kids can find the location from your verbal directions when you call.

Schedule a call.

Plan a specific time to call. It could be after school, after dinner, or before bedtime, it doesn't have to be a lengthy call, kids just long to hear your voice. Tell them what you are doing each day while you're away.

Send pictures.

Smart phones make it easy to send a quick picture. Take a picture of your room, the restaurant you're eating at, or an interesting land mark. You could also send a silly selfie.

Use technology to stay in touch.

You can read a bedtime story, play a board game or (with older kids) an on line game. Skype, Face Time, and Google hangouts all make it possible for you to see each other face to face on a computer screen.



Parents are always wondering if their child is growing and developing on target. To help parents, we've compiled these lists of some basic milestones that you should be able to expect from your child at this stage. When young children are growing and developing, it is completely normal for some children to develop more quickly or more slowly than others. Therefore, being a few months off of the "norm," is not necessarily cause for concern. Of course, if you are worried that your child may be behind, be sure to talk with your child's doctor.

SOCIAL / EMOTIONAL / COMMUNICATION

Likes to sing, dance, and act (put on "shows")

Wants to please friends

Wants to be like friends

Can tell what's real or make-believe

Is aware of gender

Can be very demanding at times, and / or very cooperative

Let them know you miss them.

Whether you're home, or still on the road, let them know you'd much rather be *with* them than apart.



ARE YOU INTERESTED?

Each month, we will choose one Saturday evening to open our center from 5pm-9pm. We will engage your children in playful activities, provide a craft for them to do, watch a movie, feed them dinner (which consist of a main course, 2 sides and a drink) and provide a snack (which consist of one item and a drink) for them, all for a minimal cost. What could be better than knowing that your child can be with their familiar, responsible caregivers and spend an evening in a familiar environment? All this, while you spend some uninterrupted time doing what you enjoy.

Open to all ages. Children ages 3-12 must be fully potty trained. Pre-Registration is required. Enrolled Families: \$28 for 1st child, \$14 for each additional.

Parent Night Out Dates for 2017
Add them to your Calendars!!!

July 15 (**Cancelled due to Cookout**)

August 19
September 16
October 14
November 18

Is more likely to agree with and follow rules

Shows more independence; may attempt things on his own

Speaks clearly

Can tell a simple story using complete sentences

Uses future tense, for example "Daddy will be home soon."

Says full name and address; can count past 10

Can draw a person with at least 6 body parts

Can copy triangle, square, and circle shapes

Can print a few letters and numbers

Knows about everyday items; money, food, dishes, toothbrush, cars

PHYSICAL DEVELOPMENT

Stands on one foot for 10 seconds or longer

Hops; may be able to skip as well

Can do a somersault, swing, and climb on his or her own

Uses fork and spoon and sometimes a table knife

Can use the toilet on her own

We hope you have found this information helpful and informative. Please let us know if you have any questions or concerns.



Parents' Night Out

Early Science Experiences Part 2



Double Displacement Reaction:

Put a tsp of baking soda in a small plastic pop bottle, add a tsp of vinegar and quickly cover the opening with a balloon. Kids will be amazed when the balloon starts to inflate.

Seed Germination:

Put a few seeds and a wet paper towel in a zip lock bag and watch the sprouting process close up. The uptake of water by dry seed is called imbibition (imbibition means to drink). As seeds imbibe water, they expand and enzymes and food supplies become hydrated. Hydrated enzymes become active and the seed increases its metabolic activities to produce energy for the growth process. In addition, the water causes turgor pressure to increase in the cells and they are able to enlarge. It sounds pretty complicated, but bottom line, its pretty cool to spy on these sprouting seeds through a plastic bag. Kids get to see what normally happens underground!

Early science projects foster a sense of curiosity, and teaches your child the critical problem solving skills needed in the "real world". We have a list of simple projects that you can do at home. Help your child create a Jr. Science Journal to track their hypothesis and outcome of the project.

Sprout a vegetable:

Try sprouting a potato, onion, or carrot top by suspending it with tooth picks in a glass of water. Ask your child: "What do you think will happen if we put this (potato) in water like this?" document their answer, and check it everyday.

Transpiration and Cohesion:

Show children how to place a white carnation in water with a few drops of food coloring and have children check it periodically while it drinks in the color. Water evaporating from the leaves, buds, and petals (transpiration) pulls water up the stem of the plant. This works in the same way as sucking on a straw. Water that evaporates from the leaves "pulls" other water behind it up to fill the space left by the evaporating water, but instead of your mouth providing the suction (as with a straw) the movement is due to evaporating water. This can happen because water sticks to itself (called water cohesion) and because the tubes in the plant stem are very small (in a part of the plant called the xylem). (courtesy of www.stevespanglerscience.com)

Solidification:

Pour juice, yogurt, juice and pudding into ice cube trays or paper cups, and place in the freezer. Talk about how the atoms move around faster when they are warm and slower to the point of



It is so easy to bring science into your child's lives! Your child will be amazed with all these simple experiments, PLUS they will be impressed with your knowledge as well!

solidification when they cool down. Talk about how liquids turned into solids, and then enjoy your yummy snack!



Baking:

Baking is the tastiest of all science projects! You are measuring and combining different ingredients. And then you are turning liquids into solids by adding heat! To make cookies, an edible science experiment, click here for an awesome recipe: [Best Chocolate Chip Cookies EVER!](http://hostthetoast.com/best-chewy-cafe-style-chocolate-chip-cookies/)

(in case you need the actual link: <http://hostthetoast.com/best-chewy-cafe-style-chocolate-chip-cookies/>)



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