



**JOYFUL CARE**  
CHILDREN'S CENTER  
WHERE EVERY CHILD FITS IN

## June Newsletter 2017

### Dates to Remember

- June 7, 2017  
WHRO Reading Van Visit  
Visit: 10:00am
- June 8, 2017  
School Picture Day
- June 14, 2017  
Pre k- Graduation  
7:00PM-8:00PM
- June 15, 2017  
Summer Camp Begins for School Ageders
- June 17, 2017  
Parent's Night Out  
5:00pm-9:00pm
- June 22, 2017:  
Parent Teacher Conference Day
- 3-4yr Dance Class Every Monday from 4:30pm-5:30pm
- 5& up Dance Class Every Wednesday from 5pm-6pm
- Pre-K-School Age STEM Class every Friday from 2:30pm-3:30pm



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**Congratulations Pre-K!**



We are so proud of your Child, and we are so proud that we have had the opportunity to work with your family! This is a bittersweet moment in all of our lives, as your child is

graduating our Pre-K Program and entering Kindergarten. A new realm of opportunities will be awaiting your family as you make this leap into School, and our staff would like to take one night to recognize each of their accomplishments. Our Pre-K Graduation Ceremony will be held on:

Wednesday June 14th, 2017

at 7:00 PM

Feel free to invite your friends and family to come and watch your little one walk and hear their teachers talk about their accomplishments. We will have refreshments immediately following the ceremony. We hope to see you there!

## Finger Food for Dinner!



If you have picky eaters, here's a sneaky but fun way to get your kids interested in dinner. Tell them no silverware will be needed and make sure they wash their hands. Here are some ideas you can try:

You can make a kid size version of shrimp cocktail using smaller, less expensive salad size shrimp (barely bigger than a quarter) and using 1/2 ketchup, 1/2 cocktail sauce for dipping. (Use fish sticks if they don't like shrimp.) Cut cheese into 1/2 inch cubes or different shapes, use party picks or tiny pretzel sticks for "handles." Offer a veggie tray with a selection of dips that they can experiment with. Make fresh veggie kabobs

## Bedtime Routines:



Getting your kids to sleep at the end of a hectic day can be a real battle !! Check out these 10 Tips for establishing a more peaceful end to their day (and yours !).

1. *Be consistent*, bedtime should be the same every day of the week, even on weekends, to keep your child's sleeping pattern the same.

using grape or cherry tomatoes, cucumber cubes, celery, peppers, and even pickled beets. Try making quesadillas by layering thinly sliced chicken, peppers, cooked onions, and grated cheese between two tortillas. Bake until cheese melts, cool and slice into narrow wedges.



Make mini pigs in a blanket by wrapping cocktail weenies and cheese in crescent roll dough. Use ground turkey to make a small batch of chili, add northern beans, black beans or corn, serve with tortilla chips as scoops. Layer a large tortilla with sliced turkey, ham, or cheese, top with mashed avocado. Roll up and chill in fridge for an hour, then slice into 1 inch pieces. Try mashed potatoes on dill pickle slices.

For desert, any fresh fruit cut and displayed in a colorful way should catch their attention. For added fun try strawberry shortcake kabobs. Alternate strawberries, blueberries, and 1 inch cubes of yellow layer cake or angel food cake on bamboo skewers. Let kids have fun with squirts of whipped cream or dollops of coolwhip. Use your imagination and show your kids how much fun dinner can be!

## Your Child's Development at 6 Months



Parents are always wondering if their child is growing and developing on target. To help parents, we've compiled these lists of some basic milestones that you should be able to expect from your

2. Start their routine about 30 to 60 minutes ahead of time. Wordless cues like dimming the lights, playing soft music, and turning off the TV, let children know what's happening next.

3. No rough housing and only quiet play should be allowed just before bedtime. Give them a verbal 5 minute warning and have every one help put toys away.

4. Your nightly routine might look something like this: bath, P.J.s, brush teeth, books, bed.

5. If you have more than one child you can stagger the routine and start the older child 15 minutes later.

6. Dim the bedroom lights. If your child is afraid of the dark, make checking the closet and under the bed part of the routine. You can even use a homemade solution of Monster-Be-Gone ( water & lemon juice) in a plastic bottle to spray these areas as an extra precaution.

7. Use a night light in the bedroom and bathroom if the child tends to use the bathroom at night.

8. Talk about their day or something they did that pleased you, or read a short story.

9. Kisses, cuddles, tuck in, then lights out....and don't go back in !

10. As your kids reach the upper elementary grades, back off little by little and let them follow their own bedtime routine. Sweet dreams !



Teaching Your Child about Cultural Diversity

**child at this stage. When young children are growing and developing, it is completely normal for some children to develop more quickly or more slowly than others. Therefore, being a few months off of the "norm," is not necessarily cause for concern. Of course, if you are worried that your child may be behind, be sure to talk with your child's doctor.**

## **SOCIAL / EMOTIONAL / COMMUNICATION**

- Begins to differentiate strangers from familiar faces
- Responds to others actions or emotions, will smile in response when spoken to
- Generally seems happy or curious; every new experience is a "first" for baby
- Tries to get things that are out of reach
- Brings almost anything he grasps to his mouth
- Likes to play with parents as well as others
- Enjoys looking at self in mirror
- Recognizes familiar routines, sounds, and surroundings
- Reaches arms out to parent or caregiver
- Likes to watch siblings, parents, pets, or what's going on in his immediate environment
- Tries to imitate sounds
- Can string vowel sounds together ("ah," "eh," "oh") when
- babbling; enjoys taking turns making sounds with parents
- Responds to own name
- Recognizes family names, Mommy, Daddy, Sissy etc.
- Shows joy or unhappiness by making sounds
- Begins to say ("m" & "b" ) consonant sounds when babbling

## **PHYSICAL DEVELOPMENT**

- Begins to pass things from one hand to the other

The world is made up of all kinds of people. Our children see and interact with people of many different races and ethnic groups every day. Studies have shown that children begin to recognize gender and ethnic differences as early as 3 years of age. It is our job to teach our children how to appreciate and value the qualities and differences that make each one of us unique. Here are some helpful tips:

Create opportunities for your child to meet and play with children of different ethnicities, family structures, or socioeconomic backgrounds.

Help your child understand we are not all the same and we should appreciate each other's differences. Talk about differences in a positive way to help children appreciate the unique qualities of all people.

Expose your child to artwork, foods, customs and books about different cultures.

Tell your child that even though another child may look different, eat different foods, and have different customs, we have more similarities. We all have hopes and dreams and feelings. We should always treat each other with respect.

If you hear your child or someone else say something prejudicial about a person or group of people, tell your child that those kinds of words are hurtful to others and are totally unacceptable. Children are not born to be hurtful to others of different ethnicities, family structures, or backgrounds. Let's lead by example and make the world a more tolerant place!

Joyful Care Children's Center is dedicated to bringing cultures together to teach peace and equality! We celebrate holidays, read books, and talk about different cultures from all around the world. If you or someone you know speaks a different language or practices different customs than what your children are used to, we would LOVE to have come to the center and introduce them to the children!

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**Students of the Month**

- Can roll over from back to front, and from front to back

- Begins to sit up without support
- Holds head up well without support and turns head in all directions
- Can support weight on legs when standing and may enjoy bouncing
- Rocks back and forth when on all fours
- May attempt crawling, sometimes backwards before learning how to go forward

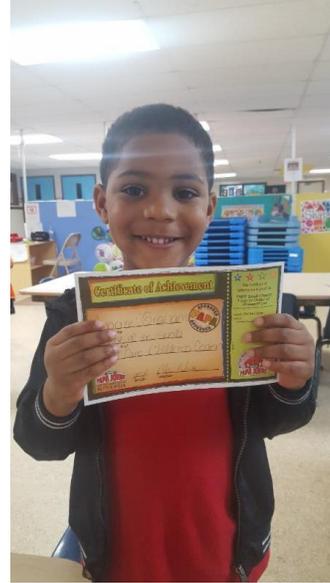
We hope you have found this information helpful and informative. Please let us know if you have any questions or concerns.



## ARE YOU INTERESTED?

Each month, we will choose one Saturday evening to open our center from 5pm-9pm. We will engage your children in playful activities, provide a craft for them to do, watch a movie, feed them dinner (which consist of a main course, 2 sides and a drink) and provide a snack (which consist of one item and a drink) for them, all for a minimal cost. What could be better than knowing that your child can be with their familiar, responsible caregivers and spend an evening in a familiar environment? All this, while you spend some uninterrupted time doing what you enjoy.

Open to all ages. Children ages 3-12 must be fully potty trained. Pre-Registration is required. Enrolled Families: \$28 for 1st child, \$14 for each additional.



Preschool Class: **Amar'e Graham**

Howdy, from the Preschool Class!!!

Yay!!! Summer is here!!!! And with summer comes sunshine, fun, new experiences and our student of the month for June, Amare' Graham.

Amare' Graham is our brand-new friend, and he has shown us what a phenomenal friend he is! Amare' is quiet but observant, and always willing to help! He has EXCELLENT MANNERS (Great job, mom!!!) and has been helpful everyday that he's been here. Way to go, Amare'!



Pre-K Class: **Jahzara Damari-AL**

It is with great pleasure to announce that Jahzara Al-Damari is the student of the month for the month of June in Pre-K!

Parent Night Out Dates for 2017  
Add them to your Calendars!!!

May 20  
June 17  
July 15  
August 19  
September 16  
October 14  
November 18  
December 9



As a school community, we are deeply committed to providing your child with the best education possible and that includes challenging every student to reach his or her full potential. It is also essential that you have the best possible information about how your child is doing in school and what areas may need additional focus to make sure he or she has the strong foundation needed for future success.

There is an exciting change coming soon to our school that will help us make sure that your child leaves our school ready for his or her next steps. I wanted to share a little about this change.

Jahzara is such a sweet young lady with a heart of gold and a contagious laugh.

She always has a smile on her face and is a kind friend to her classmates. She voluntarily shares toys, and patiently waits her turn. She can be seen sharing her stuffed animals and toys. Jahzara enjoys creative art, dress-up, dancing, singing at the top of her lungs, building with blocks and Legos as well as cooperatively putting together puzzles.

She works very hard when doing her school work! Congratulations Jahzara!

Employee of The Month



*Mrs. Emma is a wonderful teacher. She helps out her students when they need it. She is very understanding and cares about all of the kids she has through out the day. She touches the hearts of many students. She loves being a teacher. She has a great personality and she is very well liked at my school.*

Slime Time

We are switching some teachers around. Why you ask? Well we have several of our teachers that are in a rotation for going back to school to further their education in Early Childhood Education.

The following teachers are currently working on their CDA:

Mrs. Emma  
Ms. Ruby  
Ms. Nine

Therefore we are moving Ms. Ruby to the Toddler 1 Class. Ms. Ruby is working on her CDA (Child Developmental Associates), which she will have to gain experience in other classrooms in order to complete her observational period of this Associate Program. Since Ms. Ruby is going to the Toddler 1 Class we are moving Ms. Nacey to the Toddler 2 Class.

After the above teachers are finish with their CDA then the following will start:

Ms. Diggs  
Ms. Antonia



How can 5 minutes of your time equal hours of fun for you child? One word SLIME! This project is super easy to make and will provide hours of fun for your child! Have your Jr. Science Journal ready to track your findings, and as always have your child tell you what they think is going to happen to the ingredients laid out in front of them.

You will need:

1/2 cup glue: clear, glitter, or white

1/2 cup liquid starch (found in the laundry section of your grocery store)

1/2 cup water

2 bowls

1 spoon

Additional ingredients: sand, buttons, glitter, sequins, or confetti to add to your mixture.

Method:

In one bowl mix together your water and glue, set aside.

In the second bowl measure out your liquid starch and slowly add the glue mixture. Stir until your slime comes together.

Add your additional ingredient(s), and let them play!

We found this recipe at: [little bins for little hands](#)

We hope you have as much fun with this eway, gooey, AWESOME experiment as we do! Post your slime pictures to our Facebook page and tell us all about your experience.

**Joyful Care Children's Center**  
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